

**FREE**

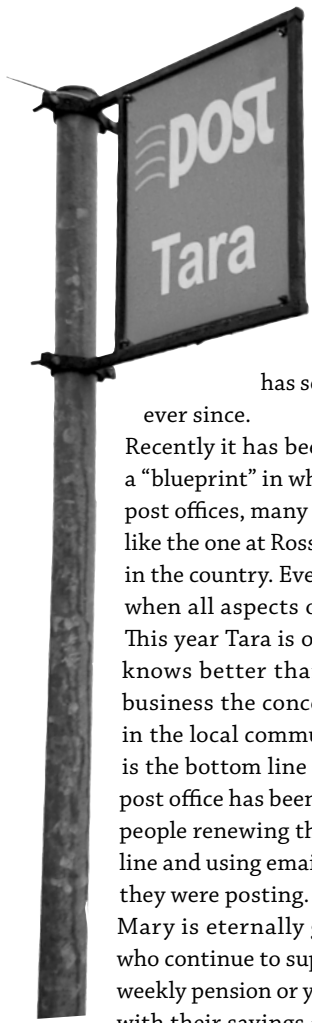
# RST Newsletter

Rathfeigh • Skryne • Tara



28th October 2017 • Issue No. 9

## Our Local Postmistress



Two weeks ago the Meath Chronicle featured a two page article on Tara Post Office and lovely interview with Mary O'Growney postmistress there for 42 years. As a child Mary came to live with the then postmistress her aunt Bea Manley who set about training Mary from a very young age and had her operating the old switch board by the time she was 14. When Bea retired in 1975 Mary took over the reins and has served the people of the RST area willingly

ever since.

Recently it has been revealed that An Post had developed a "blueprint" in which it was looking for the closure of 400 post offices, many of them expected to be rural outlets just like the one at Ross Cross. In all there are 1,100 such outlets in the country. Every few years An post carries out a review when all aspects of the business are carefully examined. This year Tara is one of those outlets up for review. Mary knows better than anyone that in the big bad world of business the concept of the rural post office and it's role in the local community is under threat. She knows that it is the bottom line that matters, the business model of the post office has been undermined by the internet with many people renewing their passports and television licences on line and using email where before it would have been letters they were posting.

Mary is eternally grateful to her many many customers who continue to support Tara Post Office, whether it is your weekly pension or your postage stamp or the young children with their savings accounts, as she says herself "Use me or Lose me"

Well we don't want to lose Mary or Tara Post Office for many years to come. Apart from availing of their service we all enjoy the social interaction. There is always a bit of banter and craic and it is where the local news is exchanged amongst customers and postmistress alike. We take this opportunity to wish Mary many more years of good health and continued success in serving our local community.



Mary O'Growney sorting the community's mail at Tara Post Office



TARA & DISTRICT Credit Union



**Celebrating our 40th Anniversary servicing our local community**

Where your savings give you a say...

We are now offering NEW LOWER interest rates for:

- Education**
- Car Purchase / Repairs**
- Home Improvements**
- Personal Needs**

Ph: 046 902 5871 or Call into our office in Kilmessan where our friendly & helpful staff will assist you.

Visit our website at [www.taracreditunion.ie](http://www.taracreditunion.ie) loan calculator online.

**f facebook**/taracreditunion for competitions & promotions.

All loans are subject to approval, terms & conditions apply. Credit Unions are regulated in Ireland by the Central Bank of Ireland.

*This issue is sponsored by* **TARA & DISTRICT CREDIT UNION**

# Notices

**FOR SALE:** Suite of furniture 3, 2, 1 for sale in Skryne. Beige and in perfect condition. Contact 0877583855.

**BINGO WEEKLY IN PARISH HALL:** Wednesday at 8.30 pm. Over €1,100 in prizes nightly. Please support your Parish Bingo. Proceeds go to Parish funds.

**SKRYNE GFC ANNUAL MASS FOR DECEASED MEMBERS:** 24th November, 2017 in Skryne Church at 8pm followed by the AGM in the RST Centre. Everybody, particularly new members, Welcome.

**LM/FM MASS:** will be broadcast from Rathfeigh Church on Saturday 18th November and will go out on air on Sunday 19th at 9am.

## Rathfeigh School

It has been another successful year for Rathfeigh on the sporting front with the boys and girls reaching the Meath Finals in Rounders. The boys will be playing Cortown in the final and the girls will be playing Oristown. We wish both teams the best of luck in the finals.

Rathfeigh School had a tremendous cake sale last Thursday in the school. It was the idea of the Rathfeigh Student Council to have a cake sale in order to purchase a table tennis table for the school. The day was a great success. A huge thanks to all the parents, guardians and pupils for baking a vast array of cakes and buns which were enjoyed by all.

National Tree Day was celebrated by the pupils in Rathfeigh by visiting Balrath Wood and planting a Cherry Tree outside the school. We look forward to seeing the tree grow and blossom in the next few years just like the children!!

## Condolences

*The Parish and Skryne GFC passed votes of sympathy with the following:*

- To Barbara O'Rourke Rathfeigh on the death of her mother.
- To Pat O'Dowd, Collierstown on the death of his sister.
- To the Rafter & Wright families Tara on the death of Marie
- To the family of Richard Lynam Irishtown

## Skryne Exit Under 21 Championship

### Dunboyne 4-7 Skryne 1-8.

This game was over almost before it started as Skryne conceded 3 goals in the first 10 minutes of this Under 21 Quarter Final played in very breezy conditions in Ashbourne on Sunday last. Skryne played with the assistance of the strong wind, some people would call it a gale, in the first half but even though they opened the scoring with a Jason Fox free kick they found themselves on the end of a Dunboyne avalanche of goals in a seven minute spell.

To be fair the Skryne lads then settled down and got themselves back into the game. Changes were made but no one individual can be made a scapegoat for this ten minute spell as it was a collective problem that the whole team and management have to take the blame for.

With the score at 3-1 to 0-1 for Dunboyne the Blues got going and proceeded to score six great points without reply. In this period they also had two or three gilded chances of goals which would have put the Dunboyne men under even more pressure. As it was Skryne were well in the game being only three points behind at half time 3-1 to 0-7.

An early point for Dunboyne in the second half was followed by an excellent goal for Skryne finished to the net by Paddy Doherty and a point from the impressive John Morley had Skryne within a point of the eventual winners.

But that was as close as they got and Dunboyne finished stronger and used the elements to their greater advantage. Admittedly 1-2 of their final score came very late in the game when Skryne seemed to have run out of steam.

Disappointingly both teams ended with fourteen men which may have had a bearing on the result as Skryne's loss was greater than Dunboyne's and Skryne were already a player down due to suspension.

While every man on the team tried their best and as stated no blame can be put on any one of them there were some very good performances. In defence Paddy Carpenter, Eoin Greene and Robbie Clarke, up to the time of his departure, did great work. In midfield Colm Craigie also did well while Paddy Doherty's interchanging with fullforward John Morley worked well. Up front Frank Carty and Jason Fox gave Morley most help, David Carroll played his part when introduced, Skryne - James Keane, Eoghan Greene, Oisín Gryson, Robbie Clarke, Paddy Carpenter (0-1), Michael Doherty, Darren Fox. Paddy Doherty (1-0), Colm Craigie, Eoin Smyth, Darragh Campion (0-1), Frank Carty (0-1). Jason Fox (0-3), John Morley (0-2), Barry Clarke.

Subs. David Carroll, Timmy Lennon, Colm McLoughlin, Andrew Moore, Sean Cassidy, Sean Byrne, Enda Byrne, Michael Long.

## Pobal Seniors Alert Scheme

Pobal is a not-for-profit company that manages programmes on behalf of the Irish Government and the EU. One of their programmes that we in Skryne Community Alert have been involved in for a number of years is the provision of personal monitored alarms, known as the Seniors Alert Scheme (SAS). The Minister for Rural and Community Development, Michael Ring TD, recently launched a new SAS for which his Department has allocated €2.3 million in grant aid. This comes into effect on 1st November 2017. Two significant improvements over the old scheme is that applicants for the grant, who must be 65 years of age or older, will no longer be ineligible because they have a younger person living with them. In addition, free monitoring of the alarm service will be provided for the first year.

Having a personal alarm which is always monitored provides great peace of mind to users and their families. Help can be summoned at the simple press of a button worn either around the neck or on the wrist. There is no need to be within reach of a telephone to raise the alarm. In addition to the SAS scheme monitored personal alarms are provided free of charge by Fold, a not-for-profit Telecare company, to applicants who do not qualify for the SAS grant. In both cases the recipient must pay a €50 installation fee and annual monitoring fee of €66 to €67.50 though the first year is free with SAS supplied units. The monitoring charge given above applies where a fixed landline telephone is used. Monitored alarms can be installed utilising the applicant's mobile phone but a sim card costing €120 per year will be required. Please contact me if you wish to obtain a monitored alarm or let me know the name and phone number of anyone you think should have one but do not like to approach them yourself. We have a number of volunteers throughout the parish who will follow up such information. Michael O'Grady 0469026020 or 0873304906

# Skryne Community Alert

## Crime Prevention

With the dark evenings arriving with a bang next week, now is the time to double check that your home security is up to scratch. The five key Crime Prevention tips are:

1. **Secure all doors and windows**
2. **Light up your home, use timer switches when you are out**
3. **Store keys safely and away from windows and letterboxes**
4. **Record details of valuables and don't keep large cash amounts at home**
5. **Use your alarm, even when at home**

A Crime Prevention evening will take place in Dunshaughlin in the coming weeks. Keep an eye out on our Facebook page for further notifications. [www.facebook.com/SkryneCommunityAlert](http://www.facebook.com/SkryneCommunityAlert)

## Road Safety

Sadly there have been a number of fatalities involving pedestrians in recent weeks. Please do not walk on the roads after dark without high visibility clothing and a torch. It is very difficult for drivers to see pedestrians on rural roads after dark, especially when there is another vehicle approaching. High-Vis vests are widely available (often free) and can make the world of difference.

## Rural Broadband

**Have you wondered what the black boxes are that have appeared on our telegraph poles in recent weeks? These are fibre Distribution Points which will allow homes to get a direct fibre connection back to the exchange.**

To see if you can avail of these, put your eircode into the box at [fibrerollout.ie/#eircode](http://fibrerollout.ie/#eircode). This is great news for those that can avail of them, as you can look forward to broadband speeds we could only dream of in rural Ireland before. FTTH (Fibre To The Home) will allow service providers to offer you speeds up to 150Mb/s, 300Mb/s or 1Gb/s. So for many of us, even the entry level package is probably 50-100 times faster than what we have had before. The fibre infrastructure is being installed by Open Eir, but once the fibre is live you can order the new service from a number of different providers. See [fibrerollout.ie/rollout-map/where-to-buy-ftth/](http://fibrerollout.ie/rollout-map/where-to-buy-ftth/) for details of these providers. As well as monthly cost, you may want to consider the following when choosing a provider: length of contract, any installation charges, and what fair use policies may be in force.

The initial rural broadband rollout is a commercial rollout by Open Eir to 300,000 homes. If your home is not included in this then you should be covered by the National Broadband Plan. The NBP is a government plan which guarantees a minimum connection speed of 30Mb/s to every home in Ireland. Unfortunately there is no date set for the NBP to be rolled out, and no contracts have yet been awarded to install the required fibre infrastructure. Hopefully it will not be too much longer!

## Alzheimer Cafe

**The Alzheimer Society of Ireland (Meath Branch) will hold the next Alzheimer Cafe on Wednesday 1st November in the Pastoral Centre Dunshaughlin. All families/carers and loved ones living with Alzheimer's Disease/Dementia are welcome to attend.**

This is a social evening of chat and informal talk. Tea coffee and scones will be served.

The guest speaker this month is Dr Michelle Kelly (BCBA-D), lecturer in psychology at NCI who will give a talk on Cognitive Rehabilitation and Brain Health.

There is no charge.

Contact Whistlemount Day Centre at 046-9027007.

Volunteers are also required for Alzheimer Cafe.

## BLOTTO RESULTS

**October 1 2017**

**1-4-5-11**

No Winner - €40 each to: Carmel Coogan, Maureen O'Kane, Brendan Canavan and Sand S McGrath

**October 8 2017**

**4-5-22-23**

PJ Kelly, Telsey Crocock, Aidan Tuite and Brendan Canavan

**October 15 2017**

**8-14-19-2**

No Winner - €40 each to: Senan and Susan, Anne Mulvany, Jim Gaynor and Aine Smyth

**October 22 2017**

**14-17-19-26**

No Winner - €40 each to: Dee Shanahan, Conor Daly, Liam Hanley and Oliver Harrington

**Next week's jackpot**

**€5,600**

*Thank you for your support*



Pyramid picture: Kate Thorpe, Samantha Clarke, Steffi Finegan, Ciara Smyth, Ava Purcell & Niamh Cahill.

Congratulations to the Skryne Rathfeigh u13 indoor soccer team who won the bronze medal in the 2017 National Community Games Finals in the National Sports Centre, (NSC) Abbotstown, Dublin. They Lost out to the eventual winners Tubbercurry in the semi final and bounced back to win the playoff by beating Moyvane-Knockanure, Kerry 5-2 for the Bronze medal. Skryne Rathfeigh soccer teams have appeared in the last 5 consecutive ALL Ireland Finals dating back to 2013.

Skryne Parish Children's Gospel Choir: singing recently. Practice each Monday at 7 in Skryne church during school term.



## RST Centre NEWS

**NEW:** Flower Arranging Class with a Christmas theme takes place on 4th, 11th and 18th Dec on Mondays from 10.30am until 12.30pm. Cost €10 per class. For further information, please call Elizabeth on 087-416 9269

**PILATES:** Morning classes start on Wednesday 26th Sept from 10am - 11am. For more details contact Nicola on 087-697 5207

**DIGITAL SKILLS:** for beginners has resumed, total of 10 hours over 5 weeks. All age groups welcome. Classes are FREE. To enrol please contact Angela on 046-9280790

**CRAFT & COFFEE:** The group meets on Thursdays from 11am until 12.30pm. Bring along your craft and enjoy a chat over a cuppa. A great opportunity to get out and meet others. No skills necessary! Contact Patricia on 087-964 4646

**THE TUESDAY CLUB:** meets every week from 11am - 12noon for a chat and cuppa and take many day trips throughout the year

**IRISH CONVERSATION :** for adults who would like to brush up on their native tongue over a 'cupán tae' in a relaxed, informal atmosphere with a different topic of discussion each week to get the 'comhrá' going!

**LINE DANCING:** is going from strength to strength - each Wednesday from 7.30pm until 9pm. Costs only €8 per class. For more information contact Deirdre on 085-7100559

**PILATES EVENING CLASSES ARE BACK!:** Beginners from 6.30 until 7.30pm, Advanced from 7.30 until 8.30pm. Contact James Gibbons on 086-0405060 to book your place

**IRISH DANCING CLASSES:** have resumed on Thursdays from 5pm - 6pm. Enquiries to Audrey on 086-0712175

**SPEECH & DRAMA CLASSES:** take place each Monday now from 6pm - 8pm due to demand. For further information please call Caren on 087-9081381

All enquiries/bookings etc., please call Susan on **087-1306985** or any Committee Member. Email: [rstskryne@gmail.com](mailto:rstskryne@gmail.com), website: [rstskryne.ie](http://rstskryne.ie), Facebook: [rstcommunitycentre skryne](https://www.facebook.com/rstcommunitycentre.skryne)

## Tuesday Club Christmas Lunch 2017.

The Tuesday Club Christmas Lunch will be enjoyed in the Gandon Room of Slane Castle on Tuesday 28 November at 1.30 pm. It will be limited to 60 guests. The Lunch will be a Three Course Meal with Tea/Coffee complimentary. Cost €30 , deposit of €10 { but if having Fillet Steak there will be a €5 supplement and a deposit of €15. } Tips 10%. It is essential to book with a deposit no later than Sunday 12 November. Please contact either Michael Mulvaney @087-2525586 or Dermot Carty @ 086-8760336 or Maurice Daly @ 087-9543222.

## Skryne Therapy Clinic

Holistic & Sports Massage  
McTimoney-Corley Spinal Therapy

Ruth 086 891 2083

Joyce 086 101 7342

[www.skrynetherapyclinic.com](http://www.skrynetherapyclinic.com)

Clinic to Rear



## Former Skryne Lady celebrates her 100th Birthday

Rita Heffernan (nee Hanley) recently celebrated her 100th birthday with her family, grandchildren, great grandchildren, sister, nieces and nephews with a party in the Springfield Hotel, Leixlip. Rita, formerly of Colvinstown, has lots of nieces and nephews living in Skryne. Pictured below: Rita with her sister Lena McNally.



## Local Handy Man Available Services Provided:

Carpentry / Wooden Floors / Cabinet Making

Radiator covers made to measure

Shelving for Hot Presses

Side Gates made to measure

Under Stairs storage units

Garden Maintenance

including Hedge Cutting

Power-washing Paths & Patios

PVC Window & Door Maintenance

repair of Hinges & Locks

Supply and Fitting of Fireplaces & Stoves

No Job too small!

Contact: Paucic

T: 046 9034846 M: 085 1597105

## Next Issue

Saturday November 25th

Submissions by Wednesday 22nd November

Contact: Jim Conroy

phone: 046 902 5771

email: [jimkconroy@hotmail.com](mailto:jimkconroy@hotmail.com)