

CONDOLENCES

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- To Les Bartley, Greenpark, on the death of his father

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Suzanne Tierney Oberstown and George Gallagher Rathfeigh at their wedding on January 30th.

Skryne Therapy Clinic

Holistic Massage

Sports Massage

Spinal Therapy



At Skryne Therapy Clinic, in private comfortable surroundings, we offer an Holistic and Alternative approach to your health issues.

The Holistic massage therapy relaxes and has a calming effect on the body and mind and Sports massage is working on specific areas to improve freedom of movement, flexibility and strength.

The McTimoney-Corley Spinal Therapy releases tension in the body through gentle manipulation of the Spine and limbs.

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- Neck & Shoulder discomfort
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We have Day or Evening Appointments available. To book appointment please call:

Ruth – Massage Therapy 086 8912083
Joyce – Spinal Therapy 086 1017342

Serving the Area's of Dunshaughlin, Skryne, Rathfeigh & Tara.



Active First Responders are a community based group made up of local volunteers.

We assist the National Ambulance Service in 999 emergencies for

Heart Attack, Cardiac Chest Pain, Stroke and choking in our community.

We are dispatched along with the ambulance but because we are local will often arrive first. We are fully trained in First Aid, CPR and carry defibrillators.

We urgently need new members from the R.S.T area to join the group.

You don't any need medical experience to join as full training is provided and it's Free....

You can get more information about the First Responder Scheme in our community by contacting: John White on 086-8118910
E-mail: activefirstresponders@gmail.com

Check out our Facebook page
www.facebook.com/activefirstresponders

BLOTTO RESULTS

21st December 2014
2 - 4 - 23 - 28

No Jackpot winner
€40 each to: David Harrington, Dinagh McQuaid, Ben, Ryan & Ian Mooney, Mary O'Regan.

28th December 2014
10 - 15 - 16 - 26

No Jackpot winner
€40 each to: Therese O'Dowd, Valerie Clarke, Ruth Lawlor, Gerry Cu

4th January 2015
4 - 15 - 20 - 21

No Jackpot winner
€40 each to: Mi & Marie Mulvaney, Telcy Crocock, Stephanie O'Connor, Gary Johnson

11th January 2015
4 - 9 - 15 - 25

No Jackpot winner
€40 each to: Pat Quinlan, Michael Lynch, Synnott & Fergal Mooney

18th January 2015
1 - 2 - 6 - 21

No Jackpot winner
€40 each to: Emer Monaghan, Kathleen Carty, Michael and Regina O'Sullivan, Noel Daly

25th January 2015
2 - 8 - 26 - 28

No Jackpot winner
€40 each: Harry Naughton, Deirdre Bradley, Johnnie Brennan, Patricia Ball

Next week's jackpot

€8,600

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Sponsorship costs:
To sponsor an issue of the RST: €150.
Small commercial advertisements. €10 per issue.
Small personal advertisements: Free

NEXT ISSUE
Saturday 7th March
Submissions by Wednesday 4th March

Contact: Jim Conroy
phone: 046 902 5771
email: jimkconroy@hotmail.com

RST Newsletter

FREE

Rathfeigh • Skryne • Tara

7th February 2015 • Issue No. 1

Remembering Sean



Skryne Parish suffered a sad loss just before Christmas with the sad passing of Sean Faulkner from the Five Roads. Having battled bravely for nearly five years against the terrible pains of leukaemia, his great spirit was finally broken. Despite his many visits and stays in Blanchardstown Hospital he seemed like Lazarus come the following week when he would turn up for indoor or outdoor bowls matches despite being in obvious discomfort at times. Sean came from Termonfeckin, when he got married he moved to the Five Roads with his wife Cepta (nee McCabe). They reared five children, John, Trevor, Leroy, Karen and Tracey.

He worked in the building industry for years, many as a foreman for major building firms to help rear his family which he was very proud of.

Sean was instrumental in the formation and running of Tara Athletic Club and the building of the Club House. He was very much hands on and very involved in Tug-Of-War for a while. It was to Sean and Dermot Carty that I first put the idea of forming Tara Football Club. He was full of enthusiasm with the idea and from 1983 up to amalgamation with Skryne Rangers a few years ago to form Skryne Tara, he helped out in every way possible from being manager,

cutting grass, marking pitches, selector and transporting players all around Meath and surrounding counties.

I think he found his true sporting vocation when he was instrumental in the formation of Skryne Indoor Bowls Club in 1993 and held the position of Treasurer until the day he died. One of his proudest moments came 3 years ago when Skryne won the 1st Division Title for the first time ever. His most prestigious win was probably the Cooley Open Singles from 180 top class bowlers in 2008. Over the years he won nearly every title and tournament in the Meath Zone, including singles, pairs, trips, fours and team events, he was a constant member of the Zone Team, in fact he played his last game of bowls for the Zone in early December in Newry.

A few of us travelled with Sean up and down the highways and byways to many villages and towns in Monaghan, Cavan, Westmeath, Louth, Armagh, Down even as far as Antrim to every kind of Hall and Community Centre over the years to indoor bowls tournaments, with some successful and plenty of unsuccessful trips. We had some great times on our travels and the post mortems were intense on the way home especially if you lost by one shot or won with the last shot. Sean was also a leading light in the formation of Meath Bowls Club at the outdoor rink in Trim and played with sons, John and Leroy on the league team all the way up from Division 3 to Division 1, playing against the cream of Irish Bowlers. Again he won several



medals and cups along the way. If determination to succeed and constant verbal encouragement was needed Sean was never found wanting – Concentrate, Wider, Tighter, Push It - could be heard regularly across the rink. Sean was a deeply religious man, a Eucharistic Minister, who faced his illness with great courage and humour, a great parishioner always available to help out in any way he could. His family will miss him dearly, we will all miss him, he was simply one of the best. May he rest in peace. **M. Fitzsimons.**

As can be seen from the above appreciation Sean Faulkner will be sadly missed throughout the Parish of Skryne. We want to add our condolences to his family and thank them for all Sean's dedication to our club. As stated, Sean was instrumental in setting up Tara AFC in 1983 with Mick Fitzsimons and Dermot Carty who were later joined by Brian Crocock and Tom Leahy. Sean had previously played with Castle Celtic and then served Tara as Chairman, Treasurer and Manager. He organised all aspects of the Club from team matters to looking after the pitches which were situated at Maher's Cross in Jimmy Swans field, at Edoxtown in Padraig O'Rourke's and eventually at Ross Cross in conjunction with Tara AC. Sean continued to support Skryne Tara AFC after the amalgamation of Tara and Skryne Rangers in 2005 and was involved in fundraising right up to his untimely death.

Sean believed there were no boundaries in sport and therefore was also a keen GAA supporter. He served on the Executive Committee of Skryne GFC in 1987 and on sub-committees such as the Grounds Committee on a number of occasions around that time. He was always available to help out and freely gave of his time to all organisations, whether it was Bowls, Athletics, GAA or Soccer it mattered little to Sean. We can never thank you enough.

Skryne Tara AFC.

This issue is sponsored by **THE RST COMMUNITY CENTRE**

The RST Community Centre

is now very active, thank God, and we are taking bookings for 2015. Do you wish to hold a meeting, or run a class or course; or participate in a class in the centre, or start a club, or join the Tuesday Club, or organise a child's birthday party or even drop in for a visit? - if you do, please contact a board member or contact Susan @087-1306985 or email rstskryne@gmail.com

The Community Text Alert System.

The Community Text Alert system has been described as "invaluable" by Assistant Garda Commissioner Jack Nolan. The 6pm RTE News of 3rd January gave similar praise and the Meath Chronicle reported a 75% drop in crime in Kilcloon due to Text Alert. The system, approved by An Garda Síochána & Muintir na Tire is geared towards alerting people in rural communities to potential criminal activity and is a cost effective and efficient means of doing so.

How does TEXT ALERT work?

Members of the community report suspicious activity, vehicles or persons to the Garda. In our area we report to Ashbourne Garda on 01-8010600. The receiving Garda determines if a Text Alert is appropriate, and if so sends it via a distribution centre to everyone on the contact list.

Skryne Text Alert.

Skryne Text Alert set up in April 2014, already has 645 members. While the response has been excellent, we would welcome many more. If you have not already joined, you may

do so by either calling into Tara P.O at Ross Cross or ring Michael at 046-9026020 or have a member of the Skryne Community Alert contact you. It costs just €10 to register one mobile number or €15 to register two. For that you will receive Text Alerts for 2 years.

Criminals don't like being watched.

We have 17 Community Text Alert signs on the approach roads to the RST district warning criminals that they are entering zones where they will be noticed and reported. Criminals like free-range access to an area to do their illegal activities and move on.

NOTE: Having signed up to Skryne Text Alert we must be careful not to get careless or complacent. We've got to be alert at all times. Even if you are not a text alert member, please store 01-8010600 in your mobile phone and use it to make our beautiful rural community a safer place.

Ron Chawk,
PRO Skryne Text Alert.

Skryne Cycle Club

Saturday training kicks off in earnest this Saturday 7th Feb at 2 pm from Foxs

Beginners Couch to 30Km – guaranteed in 6 comfortable weeks.

Improvers 20K start cycle flat route (as flat as we can from the hill of Skryne!!)

Training continues Wednesday evenings 7:30 from Dunshaughlin (beside county council offices – rear Arch Bar); lights and hi-viz compulsory

Choice of 10km; 20km or 30km circuits suiting all levels.

Sunday mornings by arrangement.

Membership for 2015 – current members €15; New Members €20.

Contact Pat McGovern 087 2586315; James Brady 085 7106524

Email: pat@mcgovernsurveyors.ie; or Jglbrady@gmail.com;



We have been asked by the farming community to request dog owners to keep their dogs under control at all times but especially at night following a few dog attacks on sheep in the locality.



Congratulations to Patrick McGuinness and Leoni Clarke who announced their engagement at Christmas. We wish them all the best for their future together (egg-citing times ahead). Patrick & Leoni asked us to convey their thanks to all who were in touch to wish them well. Thanks to everyone for their cards, gifts and good wishes.



National Lottery is now available in our local shop. Photo shows Clr. Suzanne Jamal buying 1st lotto ticket in Swan's.

DARE TO LIVE



Dear reader,

Too many people in this country suffer with depression and emotional distress. In October 2013, Survival Over Suicide (SOS) was formed by a group of people with personal experience of dark times. Having come through their personal darkness and out the other side, SOS seeks to reach out to two groups of people - those who feel life has ceased to be worth living and those who wish to help loved ones in need. SOS really want to make a real difference. Our mission is to deliver a message of hope and self-empowerment. There is a lot of "awareness" of suicide, but people running races or shaking buckets, while laudable, will not stop people taking their precious lives. SOS members know from personal experience that when one is in that dark place, there is too little connection with reality to appreciate such gestures. Fund-raising does not save lives.

People need to be educated to properly reach out to those in need of support and, as a nation, we need to address the stigma that sadly still exists around issues of mental health. To date, we have set up a blog - see the link below - and we held an Evening of Hope in the Skylon hotel, last October, where survivors shared their stories of hope. We intend to hold another evening before this year's end.

We cannot emphasize enough the importance of spreading a message of survival and hope in an era of widespread glamorizing of serious issues like depression and suicide. Publications like the RST are in the position of being able to make a real difference to widespread attitudes (many of them negative and judging) toward mental illness, depression and suicide. You, the reader possess the power to change society simply by promoting happiness, self-care, and connection. If people feel connected, life looks and feels brighter. Let's promote living.

Warm regards
Survivor.

<http://daretolivesos.blogspot.ie/>

Tara P.O. Christmas Irish Autism Action Raffle

A heartfelt thanks to all my customers who generously supported our Christmas raffle in aid of Irish Autism Action. Thank you to all who purchased tickets and a special thanks to those who donated raffle prizes. €1,150 was raised for this worthy cause. List of prize winners is displayed on PO notice board.

Mary O'Growney

Rathfeigh Pitch and Putt Club

Rathfeigh Pitch and Putt Club held their A.G.M. recently and votes of sympathy were passed with the family of Joe Tobin, President, and our member Maisie Reilly, and Billy Cleary's brother.

The Club play every Sunday at 2pm and new members would be very welcome. Thank you

Joan Caffrey P.R.O.

Rathfeigh Pitch and Putt A.G.M. 2015

Presidents:	Billy Cleary & Bill Mills
Chairman:	Errol Carry
Vice Chairman:	Nicky Lynch
Secretary:	Kathleen Grendon
Treasurer:	Harry Hall
Asst Treasurer:	Des Caffrey
Competition Secretaries:	Eugene Morgan & Stephen Lynch
Ladies Captain:	Joan Caffrey
Gents Captain:	Seamus McAuley
P.R.O.:	Joan Caffrey
Coach:	Seamus McAuley & Stephen Lynch

Delegates to the County Board: Eugene Morgan, Des Caffrey & Errol Carry

Committee Anto Grendon, Dick Walsh & Matt Murray along with the above members.

Membership Fees 2015	
Family	€115
Husband/Wife	€100
Ladies/Gents	€60
Senior Citizens	€50
Juveniles	€25
Green Fees	€5

Meath Community Games

Skryne Rathfeigh Community Games launched their schedule of events for this Spring & Summer.

The U13 and U16 chess competition will be held in Rathkenny on *Sunday, 15th February*, starting at 2pm

Cross country in St Brigids, Ballinacree, Oldcastle u8,9,10,12,13,14,16. *Sunday February 22nd*

Draughts in Trim GAA: Under 12, U14 & U16 on Friday, 27th Feb starting at 6pm and Under 10's on *Saturday 28th February* at 2pm

Indoor Soccer girls u10 & boys u10 in Trim Aura on Sun Mar 1.

Indoor Soccer girls u13 & boys u13 in Trim Aura on *Sunday March 8.*

The Art, Handwriting and Modelmaking competition will be in St.Seachnalls National School, Dunshaughlin on *Saturday 21st March* starting at 10am.

Talent : singing, dancing, music, comedy, recitation. Solo & Group Competitions for

u12 – u16 in Wilkinstown Hall *Saturday March 7 @10am*

Futsal soccer boys u13 & u15 on *Good Friday, April 3* in Gormanston College.

Futsal soccer girls u13 & u15

Badminton u15 boys & girls

Basketball 18th & 19th April.

Choir u13 & u16

Debating u16 mixed

Duathlon u15 boys & girls in Clonard

Gymnastics

Project u11,u13 & u16

Spikeball/ volleyball u14 boys & girls

Table quiz u14

Table tennis u13 boys & girls, u16 boys & girls

EVENTS IN APRIL/MAY

GAA, Soccer, pitch n putt, u16 boys & girls Swimming in Kells, Cycling, Athletics

All the information re the events, rules, ages, panel sizes etc. are available on the Community Games website.

Please register for events with Teresa @ 086 857 1848.

Enrolment Week Rathfeigh N.S.
Enrolment Week for children who will be attending Rathfeigh School for the 2015/16 school year is from Monday 9th to Friday 13th. February. If you know of parents who are thinking of sending their children to Rathfeigh N.S. please let them know. Further information on Rathfeigh School is available on the school website at (www.rathfeighns.org).

Public Participation Network (PPN) Meeting.

Since June 2014, Co. Meath has been divided up into 6 Municipal Districts. The RST area is now in the Ashbourne District. On Thurs 5th March, the Ashbourne District will hold its meeting in the RST Community Centre. All clubs, groups, associations and organisations in the RST area are strongly encouraged to be represented.

PPN is a new forum to enable the public to take an active role in influencing plans and policies of the local authority in the RST area. For further information visit www.meath.ie/publicparticipationnetwork.ie Keep Thurs 5th March free to discuss the needs of our community.

Hillview Nursing Home Qualified Nurse Required

For local nursing home located off the Ashbourne Road, 15 mins. from Navan. 2 shifts per week
Please call Rebecca – Director of Nursing on 041 9825698 for further information

Lost & found

In a previous issue of RST we published a sum of money was found on bus following Tuesday Club trip to Titanic and we are pleased to inform it has been returned to it's owner thanks to honest finder.

A Craft and Coffee Club will begin on Thursday, Feb 12th, 11 - 1.00 in the RST Community Centre in Skryne GFC. We hope to share knitting and needlework skills and learn new ones. All welcome. We'd love to hear your suggestions. Enquiries to Tricia Scanlon. Ph: 087-9644646

Bingo Every Wednesday night in Skryne Hall at 8.30pm. €1,100 to be won each night. Enjoy a night out. Please support. Proceeds to parish funds.

Retired Farmer Tractor driving experience. Tractor Driving Certificate 2013/14. C1 Licence. Looking for part-time driving. Contact: (087)7704322

Tuesday Club's Trip to Dublinia on 10th February.

The RST Tuesday Club's next trip is to Dublinia on Tuesday 10th February. Dublinia is located beside Christ Church Cathedral and opposite Cornmarket Building. Dublinia is a heritage centre and museum.

There are three exciting exhibitions in Dublinia. The first is "Viking Dublin", which takes the visitor back to life in Dublin in Viking times with information on warships, houses, burial customs etc.

The second exhibition is "Medieval Dublin", which includes a medieval market, a rich merchant's house and a noisy medieval street.

Finally, the third exhibition, the "History Hunter's Exhibition" shows the visitor how we know so much about Dublin's past. Words such as Wood Quay, artefacts, historical archives and excavation feature in this section.

For further information, please visit www.dublinia.ie or Google "Dublinia".

If you wish to travel to Dublinia on Tuesday 10th February, please contact either Dermot Carty at 086-8760336 or Maurice Daly at 087-9543222 or Michael Mulvaney at 087-2525586 as soon as possible. Admission is €5.50 per person (Group Rates 10 Plus), paid on arrival.

Guided tour at 11.30 a.m.

BUS 109 leaves Dunshaughlin at 08.25, 08.40, 08.55, 09.10, 09.25, 09.55, 10.25.

Maurice Daly.

Tara & District Credit Union Schools Quiz



Tara & District Credit Union Schools Quiz took place on Monday 2nd February in Skryne School Hall. The winners from Competition A Under 11 were L.R. Cathal Lenehan, Katie Campbell, Daniel O'Keane and James Mangan from Rathfeigh National School Tara.

Third place from Competition A Under 11 also went to pupils in Rathfeigh N.S. The team included L.R. Erin O'Doherty, Kate Thorpe, Anna Copeland (missing from photo is Katie Ryan).



The winning team will now progress onto Stage 2 (Chapter Level) which will be held on Friday 27th February in the Pillo Hotel Ashbourne.

Skryne GFC

Defeat for Skryne

Skryne travelled to Dunshaughlin last Sunday for the first Senior League match of the season but came away with nothing. After a poor first half when it took Skryne 29 minutes to register their first score - a Mark Battersby point - they were behind at the break by 0-6 to 0-1.

In a blistering start to the second half a Mark Battersby goal and a Brian Davis point had Skryne just a point behind after 3 minutes. Then a mistake led to a Dunshaughlin goal and two pointed frees left Skryne struggling midway through that half. To their credit the team upped the tempo and were within a point of Dunshaughlin with a few minutes remaining. Unfortunately three frees dropped short which left the final score - Dunshaughlin 1-8 Skryne 1-7.

Team - Ian Gillette, Vinny O'Reilly, Donie Ryan, Stephen O'Brien, Thomas McKeown, Declan Morley, Adam O'Sullivan, Aidan Tuite (0-1), Ciaran Lenihan (0-1), Paddy Fox, Mark Jordan, Brian Davis (0-1), Conor O'Brien, Mark Battersby (1-3), Neal Burke (0-1).
Subs used - Niall Lenihan, Allan Carty, Cian Lynch, James Looby and John Morley.

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Skryne GFC & Tara AC Strictly Come Dancing 2015



Skryne GFC and Tara Athletic Club joined forces recently to run a very successful 'Strictly Come Dancing' in the Knightsbrook hotel Trim. A total of 21 couples strutted their stuff on stage to thrill the capacity crowd. This was a result of 8 weeks intensive training which began before Christmas. Six couples made it to the final but they did not include the 'odds-on' hot favourites much to the delight of Gavin our on site bookmaker for the night.



From the six couples who danced a second time for the judges, Harry Rooney and Eva Tuite emerged victorious and treated the audience to another excellent performance to bring the curtain down on a brilliant nights entertainment.

As Harry and Eva were presented with their trophies all the dancers appeared on stage to acclaim the tremendous applause of the crowd which was well deserved as they were all winners on the night.

Both clubs wish to thank everybody who helped out on the night, the excellent MC Stephen, the Judges, the doormen, the photographers, the music and video people, the ticket sellers, the security men, the gamblers, and general runners etc but particularly the dancers without whom none of this could have happened. Take a bow all concerned. Well done.



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