

BLOTTO RESULTS

14th September: 15 - 18 - 22 - 27

No Winner - €40 each to
Maire Felle Brady, Denis Smyth,
Annie Ryan, Jimmy Swan

21st September: 7 - 9 - 12 - 27

No Winner - €40 each to
Ingrid Swan, Jackie Mohan,
Karan Canavan, Kevin McManus

28th September: 5 - 21 - 25 - 28

Sean & Sarah Russell, Tommy Farnan,
James Dardis jnr & Valerie Clarke

5th October: 2 - 8 - 16 - 17

No Winner - €40 each to
Rose Rogan, MI Mulvaney,
Kathleen Carty & Margaret Duffy

12th October: 5 - 21 - 25 - 28

Dessie Brown, Fred & James Gilsenan,
Sinead Rooney, Ava Carty

Next week's jackpot

€7,200

Thank you for your support

Pawfection Dog Grooming

Painestown

Contact Lisa:

087 9533322



Skryne Therapy Clinic

Holistic Massage

Sports Massage

Spinal Therapy



At Skryne Therapy Clinic, in private comfortable surroundings, we offer an Holistic and Alternative approach to your health issues.

The Holistic massage therapy relaxes and has a calming effect on the body and mind and Sports massage is working on specific areas to improve freedom of movement, flexibility and strength.

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Any discomforts can be from imbalances in the Muscular and/or Skeletal systems of the body. These can be Work or Sports injury related.

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- Hip pain
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We have Day or Evening Appointments available. To book appointment please call:

Ruth - Massage Therapy 086 8912083

Joyce - Spinal Therapy 086 1017342

Speech & Drama & Media Studies

Classes now available for teenagers & young adults

Every Monday Night at the RST Centre, Skryne Football Pitch 7pm to 8pm

New Students Welcome

Exams with Leinster School of Music & Drama Group Drama / Christmas Performance

Feis Maitiu/ Television, Radio & Theatre Studies with studio visit. Make your own show reel.

To book your place or for further info please

call (087)9081381

Caren Smyth ALSMD

TARA & DISTRICT CREDIT UNION

is currently seeking local volunteers
YOU CAN GAIN VALUABLE SKILLS & EXPERIENCE,

PERSONAL EDUCATION AND DEVELOPMENT, SUPPORT A COMMUNITY ENTERPRISE AND SECURE YOUR LOCAL CREDIT UNION'S FUTURE.

TO OBTAIN MORE INFORMATION AND JOIN OUR PANEL OF VOLUNTEERS,
PHONE US ON 046-9025871

Keep Fit Class

New Class starting Wednesday November 5th in the RST CENTRE

Beginners 7pm - Advanced 8pm

A mixture of Weights Cardio-Toning-Stretching for an all over workout

€60 for 7 weeks plus 1 week FREE (8 weeks total)

Fully Qualified Instructor

Call Lisa 0851416041

To book a place - Places limited

Sponsorship costs:

To sponsor an issue of the RST: €150.

Small commercial advertisements. €10 per issue.

Small personal advertisements: Free

NEXT ISSUE

Saturday 15th November

Submissions by Wednesday 12th November

RST Newsletter

FREE

Rathfeigh • Skryne • Tara

18th October 2014 • Issue No. 8



Congratulations to Fiona Gryson who won the The John Vallery Memorial Prize which is awarded for the best strings performance at the Irish Freemasons Young Musician of the Year competition in Dublin last Thursday. Fiona is a Concert and Irish harpist from Macetown. She is a fourth year student in DIT Conservatory of Music and Drama where she studies the Concert Harp with Denise Kelly-McDonnell. Over the years Fiona has been a multiple prizewinner at Electric Ireland Feis Ceoil, Keadue Harp Festival and the Nobber Harp Festival. She has performed both solo and as a member of ensembles for many events in a number of venues which include Áras an Uachtaráin, Dublin Castle, the NCH, RDS (Rising Stars Series), O2 Arena, The European Parliament and recitals at the Boyle Arts Festival. Recent solo performances include a recital this year at Termonfeckin International Harp Festival on both the Concert and Irish Harp.

Fiona is an active orchestral and chamber musician. She frequently performs with a number of ensembles and orchestras throughout the country including the Dublin Symphony Orchestra, the Ulster Youth Orchestra, the Dublin Orchestral Players and the DIT orchestras and ensembles. She has also been a member of a number of chamber groups which are mentored by the Vanbrugh Quartet.

Tara Athletic Club

hosted their 5th annual 5k Road Race on the 29th August last which was held in the RST Centre, Skryne. It had a newly measured 5k course taking in those famous Skryne hills which were challenging for some and a major achievement for others, but nobody could argue about the fantastic views all around the course. Fantastic help on hand as always, coming from the Tara AC members, Skryne GAA, RST Volunteers and Skryne Tara FC, making it a very successful event. Mr Tayto also came out to join the fun so many thanks to Tayto Park for some added flavour. We had nearly 400 participants in total, Rory Kavanagh, Dunboyne (pictured below) yet again taking the title in a time of 15.46 minutes. Emma Donlon (Dublin) was our first lady home in a time of 18.41mins.

Some great performances for our adult running group Dermot Leonard 18.17, Gloria Roberts 22.26mins, Michael Ryan 11.28, Ollie McLoughlin 22.46. Also Skryne man Noel Hanratty coming in with a great time of 19.47. Our Juvenile Club Members also made some fast time, leading with Sean Byrne 19.49, Conor Cullen, Jake Cullen, David Hawes and Paul O'Brien finishing together in a time of 19.56 mins and probably one of the youngest Billy Smyth coming home in a time of 27.01. Many of the Dunshaughlin Athletic Club came to support us with many of them taking prizes home in our Senior and Master Categories. We would like to thank all our Sponsors who have helped us out greatly and continue to support us every year.

Meath Fitness (Games Gibbons); Foxes Pub (Declan and Irma Fox); Pat McGovern (Cyclise); Tara and District Credit Union; Meath Local Sports Partnership; Tara Signs (Peter McLoughlin); Tara Physiotherapy Clinic (Trevor Giles); Ryan Bar (Mick Ryan); Jack Kiernan Sports Shop Navan

We hope to see you all again next year, our race date is Friday 28th August 2015.

Tara AC held a Church Gate Collection on the 20th and 21st September, we collected a total of €654 which will go toward improvements to the track and facilities. Many thanks for all your support.

Tara Athletic have started their Cross Country Season very strongly with over 28 athletes competing in the Meath Championships over the last two weekends. Taking gold in the U14 was Jake Cullen followed in third place by Paul O'Brien. Our U16 boys taking Gold Team for Jarlath Jordan, David Hawes, Sean Byrne and Cormac O'Dowd.

Have to mention John Quinn taking part in both Championship Races in the Senior Category, I hope he will gain a few team mates next year. We have 12 athletes in total qualifying to the Leinster Championship to be held in Rathdrum, Wicklow on the 26th October.

Our cross country training continues on the Hill of Tara every Sunday at 11am.



Tara & District Credit Union

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Tuesday - Thursday
9.30am - 1pm; 2pm - 4.30pm
Friday & Saturday
9.30 am To 4.30pm

Skryne Exit Under 21 Championship in Foggy Kilberry

Skryne 0-13; Simonstown 2-17

Skryne bowed out of this years under 21 championship in a match which looked very unlikely to proceed at the appointed time in Kilberry on Sunday 12 October. However, having waited for over half an hour, referee Jason Smyth, who obviously has contact with a higher authority, decided to get the match under way despite extreme difficulty in seeing either goal from the centre of the pitch at the time. This proved to be an inspired decision as no more than five minutes into the game the fog lifted and it turned out to be a fine day for a game. However, Skryne took a little longer to get into the game than for the fog to lift and by the time the half time whistle blew they found themselves 1-8 to 0-3 in arrears. The goal came in the tenth minute when the ball was fumbled during what was a promising attack for the Tara men and the resultant clearance went all the way down field and was finished to the Skryne net by the Simonstown men. This left them 1-2 to 0-1 in arrears, the Skryne score coming from John Morley. Cian Lynch and Donie Ryan were the other two Skryne players to score in the opening half.

After the resumption Conor O'Brien was moved up front from the Centre back position and this had the desired result of creating scoring opportunities. Neil Burke, John Morley and O'Brien converted these chances and with fifty five minutes gone Skryne found themselves only four points in arrears on a score line of 1-14 to 0-13. However that was as good as it got. Skryne did have a gilt edged chance of a goal but the ball was driven across the goal and went harmlessly wide. From the resultant kick out the ball was worked up-field and was eventually knocked across the Skryne goal-line for the decisive score. Simonstown added a further three points which really flattered them on the finishing score-line as the Skryne team did make a valiant effort to rescue this game and were much closer to the opposition than the final score suggests.

Skryne: O Gryson, P Murphy, N Lenehan, T. Lennon, E Byrne, C. O'Brien (2), S. O'Brien, D. Ryan (1), H. Rooney, J. Morley (4), N. Burke(6), C. Lynch (1), S. Cassidy, P. Doherty, N. Morley. Subs: C. Murphy for N. Morley (58 min), K. O'Rourke for Lennon (58 min).

Skryne GFC passed votes of sympathy with The Browne Family, Rathfeigh on the death of Johanna, the Faulkner family, Skryne on the death of Cepta's sister; the Duffy family on the death of Colm; Philip Kinsella on the death his father-in-law and the Loughran family, Kilmessan on the death of Francie.

This issue is sponsored by: Tara & District Credit Union

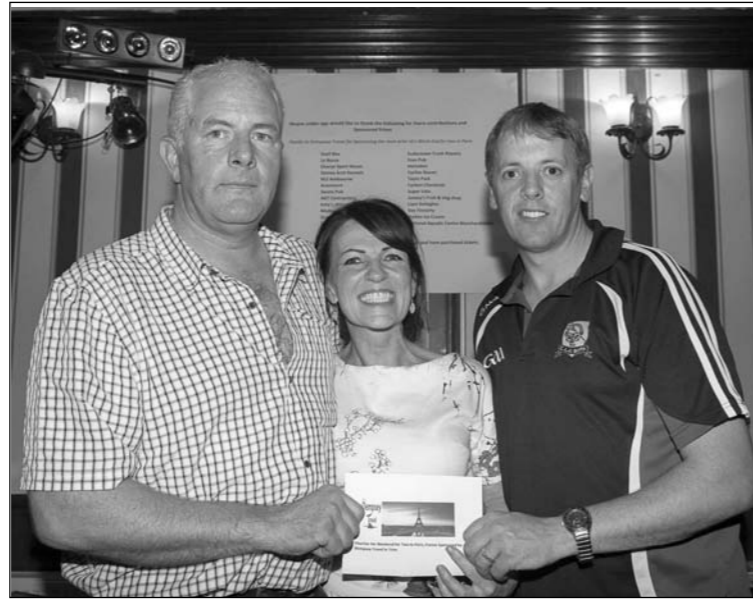
MR & MRS COMPETITION

Skryne GFC Underage would like to thank our generous sponsors for donations towards our Mr & Mrs Competition on Saturday 4th October.

Our main sponsor was **Dempsey Travel in Trim**, who sponsored the top prize of a **Weekend for Two in Paris**. We were also kindly sponsored by:

The , , (Navan), Stoney Arch Kennels, HLS Ashbourne, Avonmore, Swans Pub Skryne, AGT Contractors, Katy's Takeaway (Ratoath), Michael & Willie Rogan, Dunshaughlin Hair Salon, The Salon Skryne, Scalestown Crash Repairs, Foxs Pub, Heineken, Tayto Park, Carbon Chemicals, SuperValu Ashbourne, Jonsey's Fruit and Veg, Liam Kellegher, Des Finnerty, National Aquatic Centre Blanchardstown and Ed's Tyres Skryne.

Thanks also to the parents, managers and committee members who helped make the night the success it was, and congratulations to the winners Alan and Jane Swan, pictured right with Skryne GFC underage chairman Cormac Grendon.



Active First Responders, Covering the areas of Skryne, Rathfeigh, Tara and Dunshaughlin.

Who We Are:

We are a Community based group made up of local volunteers.

What is our Aim:

To operate a scheme that will assist the National Ambulance Service in 999 emergency's for Heart Attack, Cardiac Chest Pain, Stroke and choking in our community.

What's Next:

Following on from the hugely successful Church gate collection at Skryne and Rathfeigh in August where we raised over €800 we will shortly be in a position to purchase the equipment needed to turn this scheme into a reality and would like to thank everyone who has helped to make this happen thus far.

At a recent training session ten volunteers completed their Community first responder courses and over the next weeks and months more volunteer responders will be trained in these lifesaving skills.

Interested in Getting Involved?

You can get more information about the First Responder Scheme in our community by contacting John White on 086 2730700 or e-mailing activefirstresponders@gmail.com Also check out our website www.activefirstresponders.org and our Facebook page: [activefirstresponders](https://www.facebook.com/activefirstresponders)

SKRYNE GOLF SOCIETY

We had a fun day out at Bellewstown on 27 September. Bellewstown Golf Course is built on the side of a hill so instead of having a "good walk ruined" we skidded around the course in buggies playing a two-person scramble. Afterwards we had a cracking steak in the Snailbox and following that we wore ourselves out with the All Ireland Hurling Final. A good day out. The winners on the day were Des Finnerty and Martin Browne with a net score of 63.

Condolences:

Sympathy is extended to the Brown family on the death of Johanna
To the Gillan family on the death of Terry
To the Duffy family on the death of Colm
To Olive Conway on the death of her sister
To Cepta Faulkner on the death of her sister
And to Bernadette O'Curraidín on the death of Tony

Dare to Live SOS Presents

Suicide Prevention: An Evening of Hope Wednesday 22nd October 2014 at 7.15pm Skylon Hotel, Drumcondra Road Uppr. Dublin 9

*Dare to Live SOS are a group of people who have come together through connecting with each other's personal experience with **Suicide, Self Harm and Eating Disorders**. We know what it is like when the option of suicide is staring you in the face, but more importantly, we know how to **SURVIVE**. Suicide has a cure and that cure is **HOPE**. We will be providing an evening of **HOPE** by sharing our personal journeys from every point of view; Sufferers, Carers, Parents, Friends. We will be sharing how we have gotten through our darkest times and found life again. We want to share the **HOPE**. You too can help yourself or a loved one. All are welcome on the evening to join us in our movement to banish **Suicide, Self Harm and Eating Disorders** as an option for more of our loved ones.*

Together we can all save a Life

For more information on Dare to Live SOS:

Visit us at: www.daretolivesos.blogspot.ie

Email us at: survivaloversuicide1@gmail.com

Tweet us: @SurvivalOS OR Call Jacqueline on 087 217 0583

Thank you to Skryne Tara FC

Dear Declan,

On behalf of Irish Autism Action we want to thank you sincerely for your fabulous support in helping raise €3000 for our charity. We are fully aware of the effort that you all put in to make your event happen and we also appreciate that you were prepared to do that to help families living with autism. Thank you so much.

Yours Sincerely

Kevin Whelan CEO

Keith Duffy (Patron)

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COMMUNITY ALERT – SECURITY REMINDER

Introduction. Notwithstanding that Skryne/Rathfeigh has a relatively low level of crime we cannot afford to let our guard down or make it easier for criminals to rob us. We must, therefore, remain vigilant, protect our homes and property and report any suspicious activity, vehicles or persons that we see. Such reports should be made to Ashbourne Garda on 018010600 (make sure this number is in your mobile phone for easy access)

Advice. The following list includes advice we have given in previous RST articles but it does bear repeating:

- Never leave keys in the ignition when you vacate your vehicle.
- Do not leave car keys in your hallway where they can be fished out through the letterbox.
- Do not leave any property visible - especially handbags and laptops – in your parked car.
- Check ATMs for any odd looking fittings and beware of being distracted when withdrawing cash.
- Keep garages and sheds secure when you are indoors and do not leave gardening machinery outside unattended.
- Never let strangers into your home and make it a habit to keep external doors locked.

- Put on alarms at night and when going out – even if you are just calling on a neighbour next door.
- Keep lights on and curtains drawn when out at night.

Dirty Fuel. We are familiar with washed diesel and hopefully avoid obviously 'too cheap to be true' offers. However, petrol is also a risky purchase as can be learned from the experience of people in Oldcastle.

See www.facebook.com/OldcastleandDistrictFuelActionGroup for details.

Help Each Other. If we watch out for one another and share advice on protecting our homes and property we will all be more secure. Remember that thieves always look for the easy targets and like to get in and out quickly.

Text Alert. 644 residents have joined Skryne Community Text Alert and the system is proving to be a useful tool in combatting crime. Anyone wishing to join can get an application form from Tara Post Office.

Please see www.facebook.com/SkryneCommunityAlert and www.garda.com/MeathCrimeProtection for lots more information and advice.



TUESDAY CLUB – TITANIC TRIP

On Tuesday October 7th a coach with over 50 people made a most enjoyable trip to the Titanic Experience in Belfast. It was extremely well organized and included lunch in the Titanic suite. The above photo was taken on the replica of the iconic grand staircase from the liner's first class section. The trip also included a tour of the dry dock where the ship last sat on dry land while being fitted out with her engines, boilers, propellers and interior furnishings. Neither the grand staircase nor the dry dock are part of the normal titanic tour so we say very well done to Michael Mulvaney and Dermot Carty from the Tuesday Club who organized this memorable trip.

NB: a sum of money was found on the bus during this trip. To reclaim contact Jim Conroy, phone number and email details can be found on the back of this RST

THE LITTLE LIBRARY

You may have noticed a small blue triangular box on a gatepost on the road between Ross Cross and Skryne Church. This is the Little Library. It contains a variety of books including novels, gardening books, self-help, children's books. People are welcome to take a book or two and if they have books that they no longer want to leave them back in the little library for other people. If you don't have books that's OK too. Liz Hickey read about "little libraries" in a magazine thought it was a great idea and got her husband Pat O'Donoghue to build the little library. They wish members of the Skryne community Happy reading".



A big

Thank You

for supporting my Coffee Morning

in aid of

Down Syndrome Ireland
Louth/Meath Branch

We raised

€2440.75

Your contribution was greatly appreciated

Emer Carty

