

RST Newsletter

Rathfeigh • Skryne • Tara



DIGITAL VERSION FOR DURATION OF CORONAVIRUS EPIDEMIC

SATURDAY 18th APRIL 2020

ISSUE NO. 3



Skryne Church before the gates were chained and the door locked. Let's hope for a return to normality in the not too distant future

Easter 2020



The Easter Bunny was spotted outside Maguires on The Hill of Tara

Skryne GFC

Congratulations to Skryne GFC on their inspirational video clip which was filmed by RTE during the week and was shown last night during 'Ireland On Call' at 7pm. For those that missed it check the RTE player during the coming week. The link is:

<https://www.rte.ie/player/series/ireland-on-call/SI0000006864?eguid=IP000065970>



Skryne Folk Group from Carmel Reilly

While they didn't get to sing at the Easter ceremonies this year the Skryne Folk group met on line and sang to celebrate Easter. They continue to meet at the normal rehearsal time on Monday evenings each week.



Condolences

We extend our sympathy to Joan Mulvihill, Old Ross Road on the death of her husband John Joe.

To the Corrigan family, Garretstown on the death of Mary.

To the Naughton family, Old Ross road on the death of M

ary's husband Tommy.

May they rest in peace

Correspondence

The following email was received from Eddie Johnson who lives in Kent, UK

A cousin of mine in Painstown emailed me your newsletter - I guess mainly because of the article on Joan Gallagher. She lived in the house I was born in, but I later lived across the field on the Edoxtown to Skryne Road. My family left there for England in January 1953 when I was ten - the oldest of four kids. They had just started building the school at Edoxtown.

My mother's maiden name was Gaffney and my father's large family was from Dunshaughlin. I wonder if any readers (ex pupils of Rathfeigh in particular) remember our family.

Rathfeigh National School from Seamus Tansey

Irish Times "Isolation Art" competition

The Irish Times are running an "isolation art" competition for primary school children. I think the children in Rathfeigh would enjoy the challenge and variety of this competition. The children must draw or paint a picture of their experiences during the last few weeks. Entries will be judged by Don Conroy. A selection of the winning pictures will be published in the Irish Times magazine.

How to Enter

Please google "Irish Times Isolation Art Competition" for entry details, instructions how to e-mail the entry and the size of the picture/drawing etc. When your child has finished their picture you should scan or photograph it and upload it using the official form on the website. Put your child's name, age as well as a few lines about the picture. **The closing date is 12 Noon Monday April 20th. Also** please e-mail your entry to the Rathfeigh National School e-mail address – snrathfaiche1@eircom.net or upload it to the class "Edmodo" as we will be picking the top 3 pictures/drawings from each class. We will have a small prize for the top 3 in each class. **GOOD LUCK EVERYONE!!!!**

Distance Learning

The children in Rathfeigh have shown great resilience over the last few weeks. Despite their frustration and boredom of having to stay at home and not being able to play face-to-face with their friends they seem to be

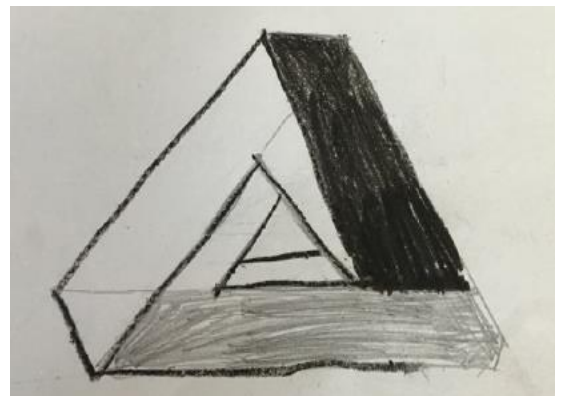
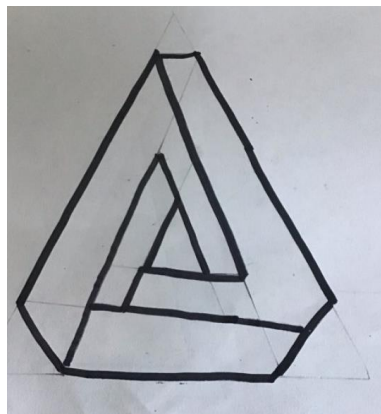
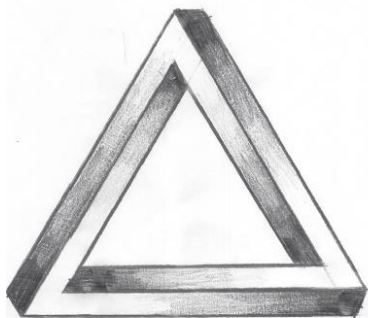
in good spirits if their messages on “Edmodo” are anything to go by! “Edmodo” (distance learning) has given the children the platform to communicate with the teachers on a daily basis. Receiving Easter cards and good wishes online from the children was a real tonic and very emotional. We are really looking forward to seeing all the children before too long!!!! Although distance learning is no substitute for the classroom it has emphasised the great collaboration, collegiality and the sharing of ideas that exists among the teachers for which I thank them.

The children in 3rd/4th classes have been enjoying a variety of art activities while in “isolation” including spirograph triangles, perspective drawings and penrose triangles! Some examples of these can be seen below.

I finish with an inspirational quote from Michelle Obama – **“You should never view your challenges as a disadvantage. Instead, it’s important for you to understand that your experience facing and overcoming adversity is actually one of your biggest advantages.”**

Stay Safe!

Seamus Tansley



Skryne National School from Martin Kennedy

We really can't believe that we won't be packing bags and making sandwiches ahead of the normal return to school post Easter holidays.

However, such is the case but as we said in last note, nothing is normal at the moment. So here we go again facing into a new challenge of providing distance learning to our pupils. The challenge is one being embraced by the staff of Sc. Cholmcille and judging by the responses we received to the survey we conducted this week the overwhelming majority of households are adapting quite well to this new reality. If we had hats we would take them all off to you. Maith sibh uilig. There are many challenges posed by this situation but also many opportunities arising for those of you who choose to embrace them. In normal circumstances we sometimes complain of there not being enough hours in the day. Well that is certainly not the case now. Some of you may be concerned about not being able to manage all the content normally covered by teachers. Don't fret! Your children are remarkably resilient and they will manage quite well to make up for any ground lost when they return to school. Teachers will focus on the key elements of the programmes and guide the pupils through the content that is most important. In the meantime, do your best. The most important things you can give your child/ren are love, security and time. Children value time spent with parents more than any possession, gadget or gimmick that you can supply. Shower them with your time while you have the opportunity as this space will pass before you know it. When they are grown up and moving on with their lives you will not be able to buy this time back - ever! Make the most of it now. Play with them, chat with them, do things with them and read to them. Build better bonds and connections during this period. They will endure well beyond the lifetime of Covid 19.

As we start out on the first leg of the last term in school we are going to give you a few reminder guidelines to help you get the best out of that time you have with your children. It is important that they re-engage with the learning once more now that the "holidays" are at an end.

- * Get a structure around the day. If possible keep to a timetable - with breaks!
- * In so far as possible get the work done in a quiet space. Turn off the radio and TV to minimise distractions.
- * If it all get's too much - go back to basics and concentrate on the 3R's.(remember them?)
- * Consistency is the key. Get a little done every day.
- * Have fun doing projects. Research can be a great way to connect with the children
- * READ, READ, READ. You can also make use of audio books for variety, but children love having an adult read to them.
- * Make use of the myON library resource on school website. FREE access to over 7000 books. It won't always be free!
- * Make use of the wonderful resource that is the RTE Home School Hub. This can double up by freeing up time for you to your own essentials.
- * Get outside and take the air, dig, weed, kick - but not each other. Some physical activity is necessary for both mind and body.
- * Stay in touch with your teacher. Use the class email to submit work and messages. Just like the ones on show here.

" Nobody told me there'd be days like these.." It's a lyric taken from a great John Lennon tune which you should check out on YouTube. (Nobody Told Me).

John was ahead of his time in many ways. Look out for the full face mask and PPE that both he and Yoko were wearing even then in 1984.

"...most peculiar Momma....."

Wasn't it great to see so many Skryne,, Meath and Ireland flags flying as Stephen Naughton showcased for the nation the wonderful work being carried out by Skryne GAA club - and by so

many other clubs around the country. Stephen did a wonderful job as ever. Ciarán Mullooly better watch his back!

We recognised quite a few faces on the drive-by filming. Scrín abú.

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Martin Kennedy

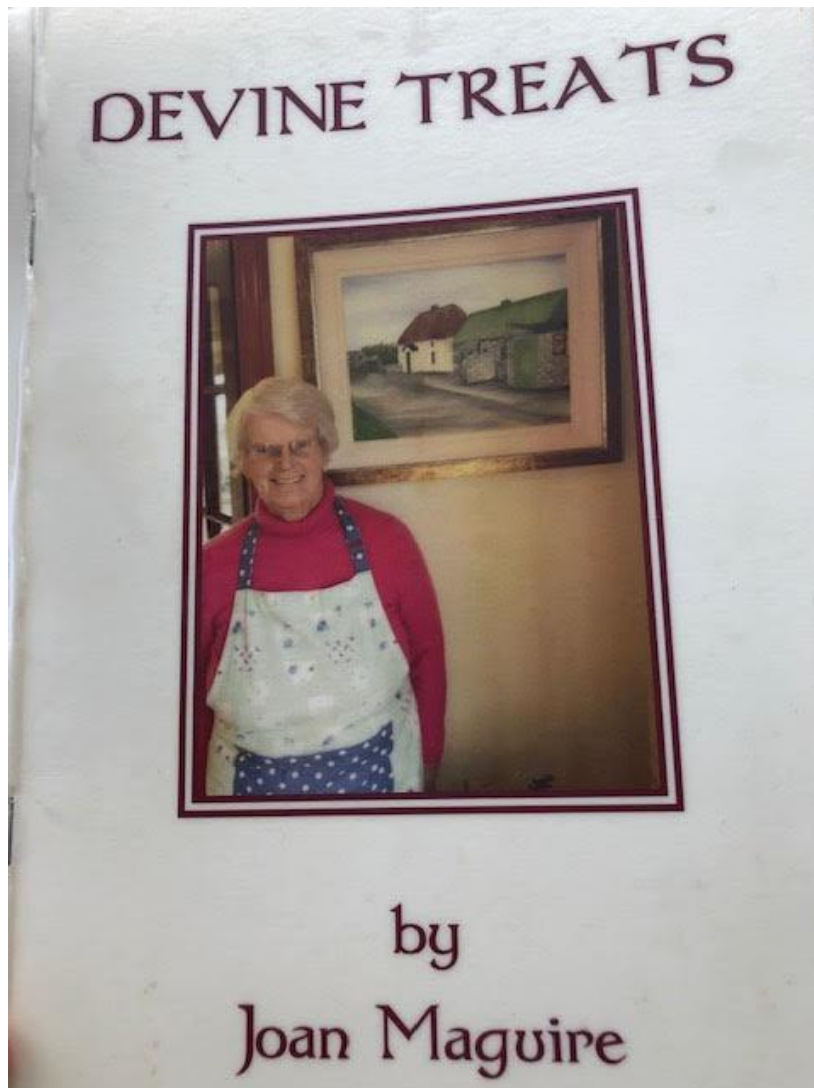
The Tuesday Club from Norbert Coyle



When life was normal, Minister Helen McEntee visited the excited luminaries of the Tuesday Club to forewarn them of impending gloom and doom, ,,how right she was!!!

Baking / Cookery

Teresa Maguire sent in this lovely little booklet that her mother, Joan, produced



I was born in October 1930 on the Hill of Tara, one of parents Eugene and Kathleen's five children. We were reared on home produce of fresh vegetables, meat, eggs and home made breads. I learned to cook from my mother who made her bread, tarts and scones on a paraffin oil cooker and whose recipes I used and adapted throughout my life to date.

We raised a pig for meat, kept hens for eggs, we grew our own oats and wheat which we brought to Teelings Mill in Dunsany for grinding. We cooked rabbit, which my father caught in snares. We had two cows that provided milk from which we produced our own butter and buttermilk.

I often attribute the good health I have had throughout my life to the fact that my diet was plain and simple. Main meals consisted of cabbage and bacon, steak and onions, colcannon and fish on Fridays.

The recipes I received from my mother are the ones I have used with my own Children – here are two of their favourites.

CORNFLAKE BUNS

You will need....

10 oz self-raising flour

POTATO CAKES

You will need....

2 cups of mash potato
2 cups of self-raising flour

6 oz sugar
6 oz of softened margarine
2 eggs
Half teaspoon of vanilla essence
2 cups of cornflakes
This will make approx. 36 buns

Here's what you do...

Pre Heat your fan oven to 180 degrees
Place cornflakes in a plastic bag and use a rolling pin to crush them
Using mixer beat together margarine, sugar, vanilla essence and eggs
Slowly add the flour
Take out a tablespoon of the dough and drop it in the cornflake bag,
Coat the dough and remove
Repeat with rest of dough
Lay out cornflake balls on a greased baking tray about an inch apart
Bake for 15 minutes or less

4 oz of butter or margarine
2 eggs
Half tea spoon of salt

Here's what you do...

Preheat your fan oven to 180 degrees
Mix margarine and flour in a large mixing bowl
Add in the eggs
Add potatoes and salt
Lay out on a baking tray and score into squares
Bake for 30 mins
Eat right away or split them and fry them in butter the next day

Entertainment

The following Podcast was aired on RTE radio in six episodes over Easter

The Nobody Zone:

In a forgotten London Underworld, a homeless Irishman kills multiple times without detection, unseen in a world where nobody seems to care

All six episodes can be listened to at <https://www.rte.ie/radio/radioplayer/html5/#/podcasts/series/31560>

The following stage play is currently available to watch on line from The Royal Court Theatre

Cyprus Avenue:

Stars Stephen Rea and is based on sectarian hatred in Northern Ireland. Eric Miller, a Belfast loyalist mistakes his five-week-old granddaughter for Gerry Adams

It is available until Sunday April 26th and can be found at:

https://royalcourttheatre.com/whats-on/cyprus-avenuefilm/?gclid=CjwKCAjwvtX0BRAFEiwAGWJyZEUr7uCMS0R3H_H3Fscm9Sjprs6WNUIN_AAjMymo0ZQzFfMcyjMRoCyMYQAvD_BwE

Memories from Eoin Hickey



Netta Hickey, Bride Farnan, Mrs. Fleming, Mrs. Reilly, Caroline Hickey and Mrs. Nixon of the wedding team at Skryne Castle c.1958.

2020 Note: One of the first wedding breakfasts in the 1950s was that of Joan Devine of Tara and John Maguire from Kilmessan.

Joan today is dutifully cocooning on top of The Hill

Photograph from: **Growing Up in Skryne, A Journey through the nineteen-fifties** by Eoin Hickey which features on Rathfeigh Historical Society and Navan Historical Society websites and the Hickey family www.deargrandchildren.org website or email eoinandnora@rathinree.com

Some Old Photos from Rachel O'Connell



Rachel's granddad, James, with two unknown people outside the pub in the 1940's



James O'Connell, his sister Nellie, baby Tom and Rachel's great grandfather, Thomas, on the left. Thomas returned from America around 1910 to take over the running of the pub from his father, who was also called James.



Jimmy Clusker and Eoin Hickey behind the bar in O'Connells

From the Archives

The following appeared in a delightful booklet called 'Rathfeigh Remembers' which was published in 2004

Memories of Rathfeigh 1969 - 1974

By: Maurice Daly

In my primary school days in Kerry during the late fifties, the stories and legends of Tara and the bravery and shenanigans of the High Kings and other hardy residents fascinated me. Little did I think then that I would finish up in the shadow of Tara in that most picturesque setting for a school - Rathfeigh. My love affair with Skryne and Rathfeigh began by chance in a very casual and unplanned way. I applied for a teaching post in Co.Meath in a place I had never heard of. 1969 was pre-CV days and most of the irrelevant information which such documents nowadays contain, and I didn't expect to get a response to my brief application. Not so. One day I received a note inviting me for interview in "The Parochial House, Skryne, Tara, Co. Meath."

Having hitched lifts I duly arrived in the presence of Rev. Gerald Cooney PP who asked me a few questions and told me I would be hearing from him. He warned me never to be seen in Skryne on a red scooter so I took the hint. Sure enough the letter arrived at home offering me the teaching post in Rathfeigh N.S. from 1st July 1969. At last I was getting a chance to see Tara. My student friends thought I was mad leaving the bright lights and heading for "Meath of the pastures."

Though already a keen Gaelic Football follower, I was unaware of the status and tradition of Skryne as a football stronghold. Names like Paddy Mulvany, David Carty, Dinny Donnelly and Paddy Cromwell RIP, were known to me but only through TV and newspapers. As we drove through Skryne on that first visit, we discussed football. The driver uttered a sentence which I have never forgotten - "The cream of Meath football is played in Skryne." Thirty five years later the cream is still rich.

Fast forward to late June '69 and time to head for Rathfeigh. A friend of my father's, Mr Donal Canty from Kildalkey gave me a lift from Tralee Mart to his house where I spent my first night in Meath. Next morning I was introduced to Paddy Mulvany in Trim Mart and the great man from Ross brought me to Skryne in his cattle truck. Having seen Paddy play on TV and read about him in the sports' pages, I felt honoured to be in the same cab as the great footballer.

My first week in the parish was spent in the house of Mr.and Mrs Paddy Reilly RIP (Skryne). I sampled Skryne hospitality at its best and was given a tremendous welcome. Paddy provided transport for me -a bicycle- to go to Rathfeigh school. I remember arriving at school on June 30th and causing some consternation. I was a young 20 year old with red hair arriving on a bike that was too big for him.

Mrs Máiréad Lydon was the principal and it was Mr Joe Joyce's last day as a temporary teacher. I was to replace him and it was his job on that day to "break me in" and give me some pupil profiles. There were four classes in the room, 3rd, 4th, 5th and 6th, consisting of about 30 pupils in total. They were lovely disciplined children and I was happy about starting on my own the next day.

Mr. Joyce told me that there was "a millionaire's son" in the room with more money in his pocket than the two of us! That was easy as I had nothing. Anyway it was nice to know that I was in good company. Mrs Lydon also told me on my first day that she was withdrawing "two bold boys" who were just finishing up in 6th class. She said that I shouldn't have had bad experiences during my first week in Rathfeigh. The first day went quite well until I went for my bike at 3 pm. The front wheel was flat and the saddle had done a 180 degree turn.

My first week in July 1969 was a happy one. The pupils were lovely - even the bike technician - and responsive but four classes demanded full concentration and great organisation to ensure continuity and progress. When I returned in September, I stayed with Patsy and Mrs Lydon in Loughanstown. By the end of the month I was to make a move which has kept me in the parish since. Mrs Mary Mooney RIP, Painstown offered me digs. Her husband Sonny had died suddenly during the year and she was glad to have "a young lad" around the shop. I helped out in the shop regularly, made many friendships and got to know the neighbours very quickly. Paddy Mc Dermott gave me a lift to school until I got my own transport.

School went well. Every Friday Fr. Cooney came in and talked to "the childer." He was very inspiring and the pupils revered him. We never had a cross word. Fr Halpin the curate was also a regular visitor and a wonderful community worker in the parish.

My inspections went well and I was lucky to be in a traditional rural school where there was a high standard of primary education and great rapport with pupils and parents. Mary O'Rourke (Bannon) joined us in 1974 and my load was lightened. The prefab at the school was provided during this period and much of the money was collected by house to house donations. I loved the senior classes. It was a time when small schools were noted for their "good" pupils whose work standards and academic performance more than matched the bigger schools. Life was simpler too of course. There were no uniforms, no computers, no bullying and no need for the NEWB to monitor pupil attendance. My appointment to Laytown in 1974 ended my association with Rathfeigh school but thankfully not with the parish where I still happily reside.

I'm grateful to Rathfeigh N.S. for giving me the training ground for Principalship in Laytown; for giving me the opportunity to know the people of Skryne and for enabling me to settle down and rear a family in the parish I call home since 1969.

The Night Sky by Tony Canavan

APRIL 2020



Photograph taken at 0420 hrs on 16th April from garden in Skryne. Settings for the camera were ISO 3200, Speed ½ second, and aperture fully open at F4, and tripod used.

In the photograph the furthest right planet is Jupiter, towards the center is Saturn and on the left, over the crescent moon is Mars. Neptune is also not far behind just clearing the horizon.

Jupiter will be in the ascendancy over the next couple of months. It is a supergiant gas planet at 318 times the mass of the earth. Its gravitational force is enormous and is looked on by many astronomers as the 'Sentinel' for the earth protecting it from incoming meteors/comets from outer space. Such an event was witnessed in 1994 when the comet Shoemaker-Levy while hurtling through our solar system broke up into 21 icy parts on its path close to Jupiter. All parts continued on their orbits around the sun but were swallowed up by Jupiter on their way back.

Jupiter has 79 moons but with only four main moons, Io, Europa, Ganymede and Calisto. These as known as the Galilean moons as they were first observed by Galileo. Any decent telescope will clearly pick these up very easily. The moons are heated by 'tidal flexing' due to the enormous gravitational field of Jupiter and they are strong contenders to finding life. In May 2018 astronomers provided pictures of water vapour plumes caused by geysers from under the icy crust of Europa. It is suspected that Europa has an ocean of water under its crust.

The discovery of the moons of Jupiter in 1610 by Galileo changed the way we understood the universe. The earth centred universe, guarded and protected for over 2000 years, was gone. The Copernican revolution of our universe became the order of the day.

The discovery of the moons also allowed Galileo to draw up tables for the calculation of longitude. This had been a huge problem for seafarers who could use Polaris and the Sun for latitude but had no accurate way of knowing their longitude.

Venus, still bright in the west in the evening, is known as either the morning star or evening star. It is however not a star. Venus and Mercury are inner planets of the solar system and so we must look towards the sun to see them which is why we can only view them in the morning and evening at nautical twilight. For all of the other planets we can look out into the darkness of space.

In the NW, high in the sky, you can clearly see a 'W' or an 'M' star pattern depending on how you view it. Once you see it once you will always recognise it. This is the constellation of Cassiopeia. This star formation is circumpolar i.e. it never sets at our latitude.

In the NE (azimuth 48 degrees, use your compass on your mobile phone) about 20 degrees above the horizon, is the star Vega. The fifth brightest star in the sky. It is the alpha star of the constellation Lyra, which represents the harp of the great mythical musician Orpheus. This star together with Altair and Deneb form the great summer triangle.

April by Anne Frehill

The word April is synonymous with Spring. Nature after a long winter's sleep erupts in one glorious epiphany. A dazzling array of wildflowers appear while deciduous trees heavy with new leaves and delicate blossom delight the senses. If you are vigilant towards late evening, you will catch the primeval calls of a skein of wild geese high in the sky.

Scholars differ in their opinions about the origin of the word April. Some believe that it was associated by the Romans with Venus, goddess of love and deemed to have arisen from the reproductive activity in the animal kingdom at that time of the year. (The actual word April, stemming from her Greek name Aphrodite). While others say that it comes from the Latin word *aperire*, to open, referring to the opening of buds in Spring. In Ireland, April is known for the vagaries of its weather. Longer days interspersed with the proverbial heavy showers and sunshine.

While in this extraordinary year 2020, gardens, big and small beckon more than ever with the promise of a rich harvest later in the year. And in a time-honoured fashion we believe that working with the soil will not only soothe our troubled souls but help us stock our larders.

However, April is also capricious. Any gardener worth his or her salt will warn the novice about the sharp frosts that can nip young plants in the bud and the vicious winds which often do irreparable damage. For example, today the 13th of April, Met Eireann have forecast that temperatures will drop to -2C tonight.

Folklore tells us that there are many superstitions associated with this month including the arrival of the cuckoo. Sadly, their declining numbers, leave many parts of Ireland bereft of their presence. In the past, young girls and old men awaited them, the former with excitement and the latter with trepidation. The girls asked it when they would marry while the men asked when they would die. Each call that followed represented a year and so the calls were counted assiduously.

I chanced recently on a macabre custom in English folklore associated with St. Mark's Eve which falls on April 24th. It was believed that the ghosts or wraiths of those who were to die in the following year would appear in the churchyard around midnight. People kept vigil in the church porch to see if any of their family or neighbours were among the unfortunates. The next day, those same individuals would look on aghast as the doomed men and women celebrated St. Mark's feast unaware of their fate.

Whether this month fills you with joy or leaves you cold, you cannot but be moved by William Shakespeare who captured the essence of April in the following lines from Sonnet 98.

“When proud-pied April, dressed in all his trim,
Hath put a spirit of youth in everything.”

Wildlife

Mary Farnan got a surprise when she opened a press in her shed that had no top on it and discovered a very large birds nest!



This Blue Tit was seen fighting with his reflection in a Skryne garden this week

Birdwatching by Tom Bannon

“You can birdwatch anywhere, any time and anyone can do it , no matter what their age ,sex or physical ability. Even if you are confined to home, to bed or to a wheelchair, you are in business as long as you have even the most limited window to the outside world ... “ so say the authors Jim Wilson & Mark Carmody in their wonderful pocket sized book ‘The Birds of Ireland – a field guide ‘

In the RST area we are absolutely spoilt by the richness of bird life that is on our door step just waiting to be discovered .

This time of year is a great time to observe as birds are busy trying to attract mates , nest building and defending their territory so are at their most visible and very vocal.



Robin landing on hand



Robin with nesting material

Gardening

Nettle Fertiliser

During this period of lockdown and brilliant spring weather a lot of people are getting the gardening bug but cannot get the necessary seeds, compost and fertilisers as the garden centres are closed. One thing you can do is make your own fertiliser from nettles. Nettle tea supplements plants with nitrogen, chlorophyll, magnesium, sulfur, iron, potassium, zinc and calcium.

1. Gather the nettles, young nettles are better because they break down quicker and have less plant fibre than older plants
2. Bruise or crush the nettles by twisting them in your hands while wearing tough gardening gloves
3. Empty the nettles into an open top container that can be covered, lightly press the nettles down and pour water in just cover them
4. Cover the container to prevent rainwater causing it to overflow
5. After a few days place a weight on top of the 'mush' to keep it under the water
6. After approx. three to four weeks it is ready for use, dilute with approx 10 parts water to one part brew, aim for a liquid that has a tea colour

Poem

Eddie Johnson recalls going to school in Rathfeigh when it was next door to the church and learning a poem which began "On Tara's Hill the daylight dies, On Tara's Hill tis dead" He asked if we could print the entire poem as he has forgotten the rest of it.

The Pascal Fire of Patrick

On Tara's hill the daylight dies,
On Tara's plain 'tis dead.
"Till Baal's unkindled fires shall rise
No fire must flame instead".

'Tis thus the king, commanding, speaks,
Commands and speaks in vain;
For lo! a fire defiant breaks

From out the woods of Slane.

For there, in prayer, is Patrick bent,
With Christ his soul is knit;
And there, before his simple tent,
The Pascal fire is lit.

"What means this flame that through the night
illumines all the vale?
What rebel hand a fire dare light
Before the fires of Baal?"

"O King! when Baal's dark reign is o'er,
When thou thyself art gone,
This fire will light the Irish shore
And lead its people on;

Will lead them on full many a night
Through which they're doomed to go,
Like that which led the Israelite
From bondage and from woe.

This fire, this sacred fire of God,
Young hearts shall bear afar
To lands no human foot hath trod,
Beneath the Western Star;
To lands where Faith's bright flag unfurled
By those who here have knelt
Shall give unto a newer world
The sceptre of the Celt".

COVID 19 Community Support Group and Club Together

As you are aware Skryne GFC joined forces with the Active First Responders a few weeks back to form the local COVID 19 Community Support volunteer group to help local people most in need however we can in these restricted times. Since then the GAA has partnered with SuperValu and Centra to help keep the most vulnerable of us to keep well stocked up with essentials to get through these difficult times. As part of this "Club Together" initiative Skryne GFC have partnered with Supervalu Johnstown who will contact the COVID 19 Community Support group to assist with the delivery of groceries to the more vulnerable in our parish. This will be a drop and go service to ensure all physical distancing guidelines set out by the HSE will be adhered to all times.

I hope you will agree this could be a great help to the more isolated in the parish so please spread this message out to all your local contacts that may require the service or may know someone who does. The service will be up and running in the coming week with details advertised on all Skryne GFC social media platforms.

Thanks again and mind yourselves!

COVID 19 Community Support group

Cormac Grendon 0879409677

Ross Philips 0879798822

Des Manning 0860584116.

Stephen Naughton 0872225572;

Niall Muldoon 0852091801;

Sean O Regan 0868145169

Christy O Connor 086 2854057

Declan Smyth 087-2504983

A.F.R. (9 am - 6pm) 0868853713.

Please contact any of us for further information or assistance.

Notices

Local Handy Man Available

SERVICES PROVIDED:

- Carpentry / Wooden Floors / Cabinet Making
- Radiator covers made to measure
- Shelving for Hot Presses
- Side Gates made to measure
- Under Stairs storage units
- Garden Maintenance including Hedge Cutting
- Power-washing Paths & Patios
- Supply and Fitting of Fireplaces & Stoves

NO JOB TOO SMALL!

Contact: Pauric

T: 046 9034846

M: 085 1597105

Swans of Oberstown would like to inform our customers that we are doing our best to keep the shop open and are taking advice from the government and the HSE on how best to do so.

Customer safety is of paramount importance to us all and we kindly request the same in return for all our staff. Please maintain the new social distancing etiquette and follow all HSE guidelines.

The Swan family would like to thank all our customers for your continued support. Rest assured we will strive to keep the shelves well stocked with all the essentials, together with lots of goodies to help us through these challenging times. As well as offering somewhere safe to shop we are also doing deliveries where possible. At the moment we are open from 8am-8pm. Stay safe.

I would be willing to offer any advice to readers regarding their vehicles. With garages closed readers may have queries regarding issues that they are worried about.

Ron Chawke

Ron Chawke Motors

086-1717159

ronchawkemotors@gmail.com

Local person seeking to buy site with a view to building a residential property in the Skryne/Tara area

Contact details:

086-0424290

Contacts

Do you have family or friends living abroad or elsewhere in Ireland who would like to receive the RST?

Do you have neighbours or friends who do not have email?

Perhaps you could send us their contact details, or family member details, and we will add them to our mailing list

Please send all articles to jimconroy747@gmail.com or to patriciaconroy1@hotmail.com